Hospital Packing List

Paperwork
- ❑ Pre-registration forms
- ❑ Health insurance cards (mom and baby)
- ❑ Pediatrician information
- ❑ Pen
- ❑ Notebook
- ❑ Birth plan
- ❑ Drivers license/ID card
- ❑ Pediatrician information
- ❑ Baby book footprint page
- ❑ Address book with phone numbers

Clothes
- ❑ Robe
- ❑ Nightgown
- ❑ Slippers
- ❑ Socks
- ❑ Going home outfit
- ❑ Flip flops/Shoes
- ❑ Nursing bras
- ❑ Nursing pads

Toilitries
- ❑ Sanitary pads
- ❑ Shampoo
- ❑ Soap
- ❑ Razor
- ❑ Toothbrush
- ❑ Toothpaste
- ❑ Mouthwash
- ❑ Hairspray
- ❑ Make up
- ❑ Lotion
- ❑ Deodorant
- ❑ Ponytail holders
- ❑ Hair clips/tie backs
- ❑ Lip moisturizer
- ❑ Stretch mark lotion

Relaxation
- ❑ Back massager
- ❑ Massage lotions
- ❑ Rice sock
- ❑ Hard candy
- ❑ Book, magazines
- ❑ Pillow spray
- ❑ Pillow

Electronics
- ❑ Cell phone
- ❑ Cell phone charger
- ❑ Music device
- ❑ Music device charger
- ❑ Camera
- ❑ Camera charger
- ❑ Empty flash card
- ❑ Video camera
- ❑ Video camera charger

For Birthing Coach
- ❑ Watch with second hand, to time contractions
- ❑ Tioletries
- ❑ Change of clothes
- ❑ Clothes to sleep in
- ❑ Reading material, video game
- ❑ Snacks, postpartum

For Baby
- ❑ Infant car seat
- ❑ Outfit for photo
- ❑ Going home outfit
- ❑ Outfit for hospital photo
- ❑ Receiving blanket
- ❑ Socks (2)
- ❑ Infant caps (2)
- ❑ Pacifiers (2)

Other
- ❑ Cash
- ❑ Coins (vending machine)
- ❑ Purse
- ❑ Wallet
- ❑ Present for sibling(s)
- ❑ Prenatal vitamins
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